

FOOD COLLECTION for KIDS IN NEED

My Joyful Heart, a local children's charity, is in need of certain **food items** for kids and teens for their next event.



CAN YOU HELP?

Suggested items include:

- Individual Soup Packets/Boxes
- Tuna or Chicken Pouches (no cans please)
- Peanut Butter and Jelly (in plastic containers)
- Crackers/Cheese its
- Noodle Packets or Rice Meal Kits
- Flour Tortillas
- Granola/protein bar
- \$10 gift cards to major grocery stores
- Reusable grocery bags



My Joyful Heart

Sharing the love of Christ with
Chicagoland's children in need



For more information about My Joyful Heart, please visit

www.myjoyfulheart.org or find us on Facebook

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